

Uitslag Oost-Vlaams criterium 2016



100 meter Cad Heren Uur=17:45
Reeks:1 Wind : 0.7

| | | | | |
|---|-----|-----------------|------|-------|
| 1 | 453 | Bamfo Richard** | KAAG | 11.64 |
| 2 | 541 | Vancoetsem Arne | KAAG | 11.98 |
| 3 | 886 | Moreau Bjarne | RIEM | 12.28 |
| 4 | 272 | Sprangers Liam | KAAG | 12.59 |
| 5 | 598 | Evrard Benjamin | AVLO | 12.83 |

100 meter Cad Heren Uur=17:45
Reeks:2 Wind : 0.5

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|---|------------|------------------------|-------------|--------------|
| 1 | 234 | Van Mulders Jarno | LEBB | 12.72 |
| 2 | 206 | Ros Xander | AVLO | 12.82 |
| 3 | 1132 | Naudts Arne | LEBB | 13.14 |
| 4 | 1920 | Roelandts Witze | LEBB | 14.13 |
| 5 | 313 | De Backer Aaron | HAMM | 14.17 |

100 meter Cad Heren Uur=17:45
Reeks:3 Wind : 1.1

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|---|------------|------------------------|-------------|--------------|
| 1 | 904 | De Cremer Arnaud | ASVO | 12.77 |
| 2 | 131 | Verduyckt Jonas | AVLO | 13.26 |
| 3 | 427 | Veldeman Jarne | RCG | 13.38 |
| 4 | 25 | De Prins Michaël | RAM | 13.43 |
| 5 | 577 | Robberecht Stan | HAMM | 13.54 |

100 meter Cad Dames Uur=17:45
Reeks:1 Wind : 0.1

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|---|------------|-------------------------|-------------|--------------|
| 1 | 233 | Heyvaert Luca | LEBB | 12.9 |
| 2 | 206 | Van Hecke Manon | AVLO | 13.38 |
| 3 | 293 | Bauwens Jin-ling | HAMM | 13.73 |

100 meter Cad Dames Uur=17:45
Reeks:2 Wind : 1.3

| | | | | |
|---|------------|-----------------------|-------------|--------------|
| 1 | 262 | Van Renterghem Zara | KAAG | 13.51 |
| 2 | 46 | Smet Emma | ACW | 13.65 |
| 3 | 867 | Van Geem Joena | HAMM | 15.46 |

100 meter Sch Heren Uur=17:57
Reeks:1 Wind : 0.5

| | | | | |
|---|-------------|---------------------|-------------|--------------|
| 1 | 2455 | Vergaelen Dries | RCG | 11.91 |
| 2 | 2311 | Lagast Karel | KAAG | 12.13 |
| 3 | 2077 | Verduyckt Jens | AVLO | 12.16 |
| 4 | 2549 | Van Hoyweghen Jens | VOLH | 12.95 |
| 5 | 2653 | Keppens Liam | HAMM | 13.02 |

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|-----------|-------------|--------------------------|-------------|--------------|------------|
| 100 meter | Sch Heren | Uur=17:57 | | | |
| Reeks:2 | Wind : 0.5 | | | | |
| 1 | 290 | Goossens Yannick | HAMM | 11.52 | Jun |
| 2 | 2456 | Verstraete Jonathan | KAAG | 11.81 | |
| 3 | 2704 | Balliu Monaim | HAMM | 12.18 | |
| 4 | 338 | Van Cappellen Pieter-jan | ACW | 12.48 | Jun |



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|-----------|-------------|--------------------------|-------------|--------------|--|
| 100 meter | Sch Dames | Uur=18:08 | | | |
| Reeks:1 | Wind : 0.8 | | | | |
| 1 | 2583 | De Clercq Alix | KAAG | 13.16 | |
| 2 | 2453 | De Meyer Caitlin | ZWAT | 13.38 | |
| 3 | 2291 | Van Steenlandt Suzanne | ACW | 13.48 | |
| 4 | 2916 | De Cauwer Miranda | HAMM | 14.38 | |



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|-----------|------------|--------------------|------|-------|-----|
| 100 meter | JSM Dames | Uur=18:08 | | | |
| Reeks:1 | Wind : 0.5 | | | | |
| 1 | 998 | De Parade Sarissa | ZWAT | 13.59 | Sen |
| 2 | 1652 | Van Poppel Hilde | ACW | 15.19 | Sen |
| 3 | 3215 | Van Lysebetten Els | ACW | 18.05 | Mas |

| | | | | | |
|-----------|-----------|------------------|------|-------|--|
| 300 meter | Cad Heren | Uur=18:31 | | | |
| Reeks:1 | | | | | |
| 1 | 541 | Vancoetsem Arne | KAAG | 37.99 | |
| 2 | 591 | Verniers Thibeau | AVLO | 38.72 | |
| 3 | 226 | Van Aerde Joren | KAAG | 39.02 | |
| | 904 | De Cremer Arnaud | ASVO | NG | |

| | | | | | |
|-----------|-----------|----------------------|------|-------|--|
| 300 meter | Cad Heren | Uur=18:31 | | | |
| Reeks:2 | | | | | |
| 1 | 453 | Bamfo Richard** | KAAG | 37.16 | |
| 2 | 232 | Van Campenhout Siebe | LEBB | 41.38 | |
| 3 | 228 | Hauttekeete Jente | KAAG | 41.39 | |
| | 886 | Moreau Bjarne | RIEM | NG | |

| | | | | | |
|-----------|------------|------------------------|-------------|--------------|--|
| 300 meter | Cad Heren | Uur=18:31 | | | |
| Reeks:3 | | | | | |
| 1 | 312 | Willocx Ruben | HAMM | 43.23 | |
| 2 | 577 | Robberecht Stan | HAMM | 44.76 | |
| | 206 | Ros Xander | AVLO | NG | |
| | 598 | Evrard Benjamin | AVLO | NG | |

| | | | | | |
|-----------|------------|------------------------|-------------|--------------|--|
| 300 meter | Cad Heren | Uur=18:31 | | | |
| Reeks:4 | | | | | |
| 1 | 887 | Suwannakhao Thanalak | RIEM | 42.95 | |
| 2 | 25 | De Prins Michaël | RAM | 45.8 | |
| 3 | 389 | Van Ransbeeck Renzo | AVLO | 46.82 | |
| 4 | 313 | De Backer Aaron | HAMM | 47.66 | |

300 meter Cad Dames Uur=18:38
Reeks:1

| | | | | |
|---|-----|------------------|------|-------|
| 1 | 616 | De Bock Lisa | RIEM | 43.89 |
| 2 | 206 | Van Hecke Manon | AVLO | 44.57 |
| 3 | 410 | Laureys Mirthe | RCG | 45.67 |
| 4 | 73 | Thaets Leonie | RIEM | 46.04 |
| 5 | 234 | Uyttersprot Emma | LEBB | 46.74 |



300 meter Cad Dames Uur=18:38
Reeks:2

| | | | | |
|---|------------|-------------------------|-------------|--------------|
| 1 | 451 | Lagast Ester | KAAG | 44.93 |
| 2 | 392 | Van Borm Laura | LEBB | 45.82 |
| 3 | 590 | Boon Fien | HAMM | 46.74 |
| 4 | 293 | Bauwens Jin-ling | HAMM | 47.57 |
| 5 | 640 | Coppieters Emma | RCG | 49.08 |



300 meter Sch Heren Uur=18:18
Reeks:1

| | | | | |
|---|-------------|-------------------------|-------------|--------------|
| 1 | 2456 | Verstraete Jonathan | KAAG | 36.81 |
| 2 | 2469 | De Bundel Ciel | RIEM | 37.77 |
| 3 | 2494 | Coppieters Evert | EA | 38.51 |
| 4 | 2536 | El Amraoui Karim | HAMM | 42.76 |

300 meter Sch Heren Uur=18:18
Reeks:2

| | | | | |
|---|-------------|----------------------|-------------|-------------|
| 1 | 2436 | Willaert Kevin | AVLO | 40.39 |
| 2 | 2549 | Van Hoyweghen Jens | VOLH | 41.81 |
| 3 | 2479 | Huyghe Sander | HAMM | 42.9 |

300 meter Sch Dames Uur=18:38
Reeks:1

| | | | | |
|---|------|------------------------|------|-------|
| 1 | 2453 | De Meyer Caitlin | ZWAT | 46.06 |
| 2 | 2291 | Van Steenlandt Suzanne | ACW | 47.19 |
| 3 | 2471 | Hemeloet Sylke | RIEM | 48 |
| 4 | 2421 | Van Campenhout Jente | LEBB | 51.96 |



300 meter JSM Heren Uur=19:02
Reeks:1

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|---|-------------|-------------------------|-------------|--------------|------------|
| 1 | 290 | Goossens Yannick | HAMM | 36.66 | Jun |
| 2 | 1393 | Rottiers Thomas | HAMM | 39.52 | Sen |
| 3 | 133 | Van Buyten Stijn | HAMM | 40 | Jun |
| 4 | 347 | Smet Remco | HAMM | 40.92 | Jun |

300 meter JSM Dames Uur=18:44
Reeks:1

| | | | | | |
|---|------|-------------------|------|-------|-----|
| 1 | 242 | Cornelis Jacintha | RIEM | 41.82 | Jun |
| 2 | 998 | De Parade Sarissa | ZWAT | 43.56 | Sen |
| 3 | 42 | Deplomez Maaïke | ZA | 46.49 | Jun |
| 4 | 1406 | Lauwaert Nina | VOLH | 47.55 | Sen |

3000 meter JSM Heren Uur=19:25

Reeks:1

| | | | | | |
|----------|-------------|----------------------------|-------------|-----------------|------------|
| 1 | 1140 | Verbeeck Thijs | ACW | 8'59.68 | Sen |
| 2 | 1395 | Verminck Sander | HAMM | 9'06.85 | Sen |
| 3 | 1938 | Kinders Tommy | VOLH | 9'07.39 | Sen |
| 4 | 5787 | Van Hoebroeck Ali | AVLO | 9'21.48 | Mas |
| 5 | 1347 | Janssens Sven | ZWAT | 9'22.49 | Sen |
| 6 | 1585 | Jacops David | LEBB | 9'55.10 | Sen |
| 7 | 5279 | Van Ekert Hendrik | HAMM | 10'32.85 | Mas |
| | 1393 | Rottiers Thomas | HAMM | NA | Sen |
| | 2154 | Van De Putte Cedric | HAMM | NA | Sen |



correctie
correctie

3000 meter JSM Dames Uur=19:25

Reeks:1

| | | | | | |
|----------|-------------|-----------------------|-------------|-----------------|------------|
| 1 | 1392 | Bogaert Niki | ACW | 10'59.02 | Sen |
| 2 | 1527 | Osselaer Elien | HAMM | 12'08.00 | Sen |
| 3 | 1406 | Lauwaert Nina | VOLH | 12'08.01 | Sen |

speerwerpen 700g Sch Heren Uur=18:47

Reeks:1

| | | | | |
|---|------|--------------------|-----|--------|
| 1 | 2693 | Sorgeloos Cedric | ACW | 67.64m |
| 2 | 2710 | Vanden Eede Carlos | LAT | 46.81m |
| 3 | 2494 | Coppieters Evert | EA | 39.61m |
| 4 | 2305 | De Grauwe Rik | LAT | 29.72m |



kogelstoten 7,260kg JSM Heren Uur=17:33

Reeks:1

| | | | | | |
|----------|-------------|-----------------------|-------------|---------------|------------|
| 1 | 1957 | Wagemans Jarno | HAMM | 15.87m | Sen |
| 2 | 2084 | Truyts Timothy | KAPE | 13.42m | Sen |
| 3 | 1554 | Devrieze Ruben | AVKA | 13.17m | Sen |

verspringen Cad Dames Uur=17:50

Reeks:1

| | | | | | |
|---|-----|-----------------|------|-------|-----|
| 1 | 726 | Van Heugten Lot | KAAG | 4.95m | 0.7 |
| 2 | 392 | Van Borm Laura | LEBB | 4.94m | 0.5 |
| 3 | 10 | Praet Justine | STAX | 4.80m | 0.3 |
| 4 | 233 | Heyvaert Luca | LEBB | 4.69m | 0.6 |
| | 46 | Smet Emma | ACW | NG | 0 |

speerwerpen 500g Cad Dames Uur=18:46

Reeks:1

| | | | | |
|---|-----|------------------|------|--------|
| 1 | 451 | Lagast Ester | KAAG | 31.00m |
| 2 | 49 | Fertache Rana | ACW | 30.57m |
| 3 | 234 | Uyttersprot Emma | LEBB | 23.40m |

speerwerpen 500g Sch Dames Uur=18:47

Reeks:1

| | | | | |
|----------|-------------|-------------------------------|-------------|---------------|
| 1 | 2473 | Van Ingelgem Charlotte | HAMM | 19.86m |
|----------|-------------|-------------------------------|-------------|---------------|

kogelstoten 4,000kg JSM Dames Uur=18:47

Reeks:1

| | | | | | |
|----------|-------------|-----------------------|-------------|--------------|------------|
| 1 | 1474 | Marynissen Elies | AVKA | 11.58m | Sen |
| 2 | 1802 | Goossens Nicky | HAMM | 8.72m | Sen |
| 3 | 1041 | Van Brussel Fien | RIEM | 8.32m | Sen |

verspringen Cad Heren Uur=18:43

Reeks:1

| | | | | | |
|----------|------------|------------------------|-------------|--------------|------------|
| 1 | 272 | Sprangers Liam | KAAG | 5.45m | 0.1 |
| 2 | 206 | Ros Xander | AVLO | 5.09m | 0.8 |
| 3 | 904 | De Cremer Arnaud | ASVO | 5.00m | 0.7 |
| 4 | 232 | Van Campenhout Siebe | LEBB | 4.88m | 0.6 |
| 5 | 577 | Robberecht Stan | HAMM | 4.68m | 1.1 |
| 6 | 131 | Verduyckt Jonas | AVLO | 4.59m | -0 |
| 7 | 427 | Veldeman Jarne | RCG | 4.45m | 0.8 |
| 8 | 598 | Evrard Benjamin | AVLO | 4.38m | 1 |
| 9 | 313 | De Backer Aaron | HAMM | 4.15m | 1 |
| 10 | 1132 | Naudts Arne | LEBB | 4.06m | 1.9 |
| 11 | 667 | Coppieters Kobe | EA | 4.02m | 0.7 |
| 12 | 1920 | Roelandts Witze | LEBB | 3.96m | 1.2 |

discuswerpen 2,000kg JSM Heren Uur=18:54

Reeks:1

| | | | | | |
|----------|-------------|-------------------------|-------------|---------------|------------|
| 1 | 2231 | Spilliaert Stijn | HAMM | 46.20m | Sen |
| 2 | 2084 | Truyts Timothy | KAPE | 45.00m | Sen |
| 3 | 2217 | Vercammen Stijn | HAMM | 43.58m | Sen |
| 4 | 1554 | Devrieze Ruben | AVKA | 33.41m | Sen |

discuswerpen 1,750kg Jun Heren Uur=18:54

correctie

Reeks:1

| | | | | | |
|---|-----|--------------------------|-----|--------|-----|
| 1 | 338 | Van Cappellen Pieter-jan | ACW | 35.42m | Jun |
|---|-----|--------------------------|-----|--------|-----|

verspringen Sch Dames Uur=18:57

Reeks:1

| | | | | | |
|----------|-------------|-------------------------------|-------------|--------------|------------|
| 1 | 2583 | De Clercq Alix | KAAG | 5.16m | 1.4 |
| 2 | 2473 | Van Ingelgem Charlotte | HAMM | 4.23m | 0.8 |

discuswerpen 1,000kg JSM Dames Uur=19:27

Reeks:1

| | | | | | |
|---|------|----------------------|------|--------|-----|
| 1 | 1500 | Hellebuyck Anouska | DEIN | 50.57m | Sen |
| 2 | 1474 | Marynissen Elies | AVKA | 33.62m | Sen |
| 3 | 1213 | De Vleeschouwer Elke | ACG | 31.13m | Sen |
| 4 | 1041 | Van Brussel Fien | RIEM | 27.71m | Sen |

speerwerpen 600g Cad Heren Uur=19:27

Reeks:1

| | | | | | |
|----------|------------|-----------------------|-------------|---------------|-----|
| 1 | 688 | De Block Ward | ACW | 40.33m | |
| 2 | 904 | De Cremer Arnaud | ASVO | 39.43m | |
| 3 | 228 | Hauttekeete Jente | KAAG | 36.73m | |
| 4 | 206 | Ros Xander | AVLO | 31.24m | |
| 5 | 598 | Evrard Benjamin | AVLO | 28.18m | |
| 6 | 5584 | Lutz Theodore | ACW | 27.18m | Mas |
| 7 | 667 | Coppieters Kobe | EA | 26.90m | |
| 8 | 577 | Robbrecht Stan | HAMM | 24.02m | |
| 9 | 5053 | Claessens Jozef | VOLH | 20.62m | Mas |

verspringen Sch Heren Uur=19:32

Reeks:1

| | | | | | |
|----------|-------------|----------------------|-------------|--------------|------------|
| 1 | 2311 | Lagast Karel | KAAG | 6.15m | 1.3 |
| 2 | 2704 | Balliu Monaim | HAMM | 6.01m | 1.2 |
| 3 | 2077 | Verduyckt Jens | AVLO | 5.07m | 1.3 |
| 4 | 2653 | Keppens Liam | HAMM | 4.30m | 2.7 |
| 5 | 2479 | Huyghe Sander | HAMM | 3.79m | 0.4 |



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